MEDIA STATEMENT

To: Editors & Health Journalists
Issued by: Department of Health
Date: Friday, 09 October 2020

WORLD MENTAL HEALTH DAY COMMEMORATION 10 OCTOBER 2020

Pretoria: As the country joins the rest of the global community in commemorating the World
ent

employers and all stakeholders to join the Department in its efforts to further strengthen the mental health system.

ated in the midst of the Covid-19 pandemic which has brought about a lot of physical, mental and socioeconomic anguish to all people worldwide.

The Covid-19 pandemic has increased the need for psychosocial support for people especially those infected and affected by the virus.

The World Mental Health Day is commemorated annually on October 10 to raise awareness on mental health, its causes and risk factors. The day is also used to combat stigma and

For more information, please contact:

Mr Popo Maja
National Health Department Spokesperson
Cell: 0725853219
E-mail:Popo.maja@health.gov.za